



# Onerahi Primary School

## Newsletter



7 September 2017

*Together We Shape Our Future*

No. 7

Dear Parents and Caregivers,

Tena Koutou Kātoa  
Nimen Hao

With warm weather comes the opportunity to venture back outside. Looking around our school it is fantastic to see kids riding bikes, caring for our garden, enjoying books in the sun, as well as finding maths in everything they see. When you are out with your whanau this weekend, why not discuss the learning in what you are doing? We look forward to hearing about your adventures. Kia Ora!

### The School Day

A reminder that this is what our new school day looks like:

9:00 First Learning Block  
11.10 Play Break  
11:40 Second Learning Block  
1:30 Play Break  
2:00 Third Learning Block

Each class has set aside two 10 minute eating breaks. These times are for the class to sit together and enjoy their kai in a relaxed and supportive way. The classes seem to be enjoying this flexibility and we are finding that children are not rushing their meals. If you have any questions over this, please catch up with your class room teacher.

### Year 5 Camp Pataua North

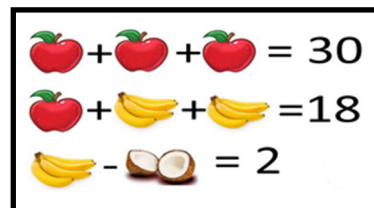
An amazing experience for all students. The Onerahi students were buzzing with learning about Cultural Identity. The students had a great time through adventure learning where they built team skills. Some of the diverse experiences they had were: paddleboarding, fire lighting,

making damper, gathering pipis, hiking, preparing and enjoying a hangi, learning how to use rakau, making sand sculptures and lots more. The experience gave our students the ability to grow in knowing themselves and they all gained confidence in being part of a team and trying new things. Thanks to SUP BRO - Luke Kirner and Scott Gunderson for the great experiences they gave our students. Also a huge thank you to all the parents who made this camp happen. It was their first Onerahi Camp – and one they will always remember.

### Whangarei Intermediate School Enrolments

Enrolment packs have been given to Year 6 children. If your child intends to go to WIS, these need to be returned to WIS by Friday 22 September.

### Maths



A maths problem for families to work on together. What is the value of each fruit?

### WPSSA Cross Country Champs

On Thursday 31st August 60 runners travelled to Barge Park to compete in the Whangarei Primary Schools Cross Country Champs. It was a great day with all children representing themselves and our school very well. Congratulations to the children that finished in the top 20 and get to represent Whangarei at the Northland

Schools Cross Country. Those children are: **Louie Short** (2nd), **Elise Pickford** (6th), **Quinn Davis** (7th), **Max Eckstein** (8th) and **Jessica Dooney** (12th). The school would also like to acknowledge and congratulate **Aria Young** who came in 7th place as an independent runner.

Could all the sports T-shirts now be washed and returned to school asap.

### Keeping Ourselves Healthy

With the ongoing amount of tummy bugs that are in the school and the community, these steps can help stop the virus spreading:

- \*Don't go to school, early childhood centre or work until 48 hours after the last episode of diarrhoea or vomiting.
- \*Don't prepare or handle food for at least 48 hours after the symptoms stop.
- \*Immediately remove and wash any contaminated clothes and bedding using detergent and hot water.
- \*Thoroughly clean and disinfect contaminated surfaces by using a bleach-based disinfectant. Don't forget light switches, door handles, children's toys, etc.
- \*Wash your hands thoroughly with soap and water or an alcohol-based gel.

### Enviroschools Green Gold Assembly

Recently we held a special assembly at which the Northland Regional Council chairman and representatives presented Onerahi School with the prestigious Green Gold Award in the National EnviroSchools Programme. This is quite an honour and reflects many years of dedication by both present and past pupils, staff, parents and

supporters of Onerahi School. The programme has been running since 2004 and Onerahi school has been involved from the start, being one of the pioneering schools.

### Photo competition 2017

Thank you for all the great entries into our photo competition. Tania Whyte from the Advocate was our guest judge. We were very impressed with the quality of the entries. In the 5 to 7 age group, 2nd place went to **Gemma Broughton**, and 1st place to **Amber Pugh**. In the 8 to 10 age group, 2nd place went to **Jonathan Currie**, and 1st place to **Francis**

**Johns.** Mr Dent's highly commended award went to **Jonathan Currie**. Congratulations to these pupils and to all of you on your artistic ability.

### Book Amnesty

Please have a good look at home for any school readers and library books. We would love to have

these back at school. Just pop them to the class teacher or in to the office, no questions asked. Thanks for your support



### Nga Mihi, Xièxiè, and Fa'afetai tele lava

**HEALTHY HOME BAKING**

## FILL UP WITH FIBRE

Fibre helps us feel full for longer and keeps our digestive system healthy. Increase fibre by replacing ½ the white/plain flour with wholemeal flour.

Developed by Sport Waikato 2017

**HEALTHY HOME BAKING**

## HEALTHY SWAPS

Halve the amount of butter or oil and replace with:

- Mashed banana
- Mashed canned peaches – drain off any juice
- Stewed apples – no added sugar
- Natural yoghurt

Developed by Sport Waikato 2017

### Coming Events:

Tuesday 19 September  
 Tuesday 26th September  
 Friday 22nd September  
 Thursday 28 September  
 Friday 29 September

Dragon Fly Gardens trip to unveil new mosaics  
 Onerahi School Junior Cross Country Years 1-3  
 Northland Primary Schools Cross Country Champs at Barge Park  
 Onerahi School Junior Math Ex Years 0-2  
 Onerahi School Senior Math Ex Years 3-6

### Community Notices:

- Northland Taniwha Kids Colouring Competition. Pop into Mitre 10 Mega and pick up a colouring completion sheet. Competition ends Thursday 14 September.
- Whangarei Intermediate School & SMAC Dance Co presents KALEIDOSCOPE—A diverse collection of dance featuring “The Goddess in the Moon”. At Capitaine Bougaiville Theatre, Thursday 28 September from 4 to 6pm. Tickets just \$5.
- SKATE CLASS—Thursdays 3.30pm @ Onerahi Hall. Basics to advanced skills, games and more. All ages and levels welcome. If interested, subscribe at [skatescool.co.nz](http://skatescool.co.nz) Contact: Brigitte 09 434 4414
- Come and try Girl Guiding! We have spaces in our Whangarei Central groups, and would love to offer you 3 free visits to give it a go. If you would like your daughter to try a global organisation based on development and leadership as well as offering loads of fun and social experiences, get in touch. We have Pippins 5.15pm-6.15pm (5-6yrs old) and Brownies 5.15-6.45pm (7-9yrs old) on Wednesday's with spaces available. [www.girlguidingnz.org.nz](http://www.girlguidingnz.org.nz) 0800 484 331
- Futsal is Here: Indoor football for boys and girls aged between 8 and 15. For details and info check out our website [www.northlandfutsalacademy.co.nz](http://www.northlandfutsalacademy.co.nz). Contact Christian on 0212467328 or [Christian@northlandfutsalacademy.co.nz](mailto:Christian@northlandfutsalacademy.co.nz)
- Public roller skating. Portland Recreation Centre. Thursday 7th September, 6.00-7.00pm, skate hire available. any questions please phone 02102509090 or email [rollergirls@clear.net.nz](mailto:rollergirls@clear.net.nz)
- The Kauri Museum is having a Settlers Day on the 7th September to celebrate the early settlers, it is a Free Fun Day for families. For more information ph 09 4317417, or email [www.kaurimusuem.com](http://www.kaurimusuem.com)
- Fantastic Gymnastics 2017—Fun and fitness for children of all ages. Parua bay Community Centre. Monday to Thursday afternoons. Call/text 0276659174, email [hannah@fantasticgymnastics.co.nz](mailto:hannah@fantasticgymnastics.co.nz)
- Kamo Girls Brigade, Saint Johns Golden Church Centre, 149 Kamo Road, 7th September 6:00-8:00pm, Phone Brenda Smith 4370821
- Fantastic Gymnastics 2017—Fun and fitness for children of all ages. Parua bay Community Centre. Monday to Thursday afternoons. Call/text 0276659174, email [hannah@fantasticgymnastics.co.nz](mailto:hannah@fantasticgymnastics.co.nz)

**ASB**

## Supporting success in your school.

If you are a parent, staff member or member of the school community and you draw down a new ASB home loan of \$250,000 or more, ASB will donate to your chosen participating school:

**\$500**

ASB lending criteria and terms apply. Fees may apply. To be eligible for this donation your new home loan application must be received, approved and then documented in a facility agreement, along with the completion of a school donation voucher, between 1 July 2017 and 30 June 2018. A minimum of 20% equity is required in the security property provided to ASB. This home loan offer is only available on loans secured by an owner-occupied residential property. Only one donation will be given per customer. Donations will be made by ASB on behalf of the customer to the chosen school upon full draw down of the new home loan. This offer excludes loans for business purposes and bridging.

ASB Bank Limited 56290 0478 0617